

Rabbit Warren

☆ KEY FOCUS

Personal, Social and Emotional Development

What you need:

- ▶ Hoops and small plant pots for them to rest on. Set up one hoop per 3 – 4 children depending on size

Where Can I Play:
Outdoors

Let's Play



Place the hoops onto plastic plant pots/cups to raise them off the ground. Explain to the children that they are rabbits, and the hoops are their burrows. Encourage the children to move around the space in different ways, stepping into and out of the hoops carefully. Once the children are familiar with the activity, explain to them that when you shout fox, they need to get into the burrows as quickly as possible. Start to remove hoops so the number of burrows is reduced. You could add in a tagger to be the fox.



Top Tips



- Use a quoit to include children who do not like to get too close to others. If they are holding a quoit with someone else in the burrow, they are classed as inside.
- Encourage children to do some bunny hops to take some weight on their hands, thus developing core and shoulder strength.

Questions



- How can you help each other to fit into the burrow?
- How do you feel when you are squashed up close to others in the hoop?
- What might you do if you feel a little overwhelmed?



Why is this important?



Children need to be able to listen and collaborate with each other to get into the hoop. Explain to children that it is okay to sometimes feel uncomfortable with lots of people around and okay to want a quiet space. You might create a special space for this in the outdoor area.

Prime Areas of Learning

- C&L** Encourage the children to talk about how they can work as a team to get everyone in the hoop.
- PD** Children's stability skills are challenged getting in and out of the hoop. Varying the ways of moving increases the child's repertoire of locomotion skills.

Specific Areas of Learning

- Maths** Introduce counting the numbers of rabbits in the burrows. How many would there be if one more rabbit steps in? Which burrows have the same/ less/ more rabbits?
- UtW** Where do rabbits live? Do the children know of any other animals who live in burrows? Which animals like to live in big groups, and which are solitary animals?



Vocabulary
Overwhelmed,
scared, squashed,
burrow, solitary,
gregarious



Story Links

My Very Own Space
by Pippa Goodhart