



Westmorland
& Furness
Council

westmorlandandfurness.gov.uk

Cumbria's Holiday Activity and Food Programme

Kendal Area



Book sessions in your area now!

- Visit **westmorlandandfurness.gov.uk/holidays** to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit **westmorlandandfurness.gov.uk/holidays** for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (Reception-Year 6).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Interested in any of the activities listed in this leaflet? Visit **Westmorlandandfurness.gov.uk/holidays** to book holiday activities now! Or use the booking information provided.
- The HAF email for enquiries: **HAF@Westmorlandandfurness.gov.uk**
- If you are not eligible for a free place many providers offer paid places – please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



Department
for Education

Coach Gunn

(QES Sports Hall, Kirby Lonsdale)

Description: Multi sports, fun games, bouncy castle, body floor surfing, UV Sports, supervised free play, archery, nerf, Lego, let's craft, Easter party games plus lots more! Meals included

Age range: 5-12

Dates: 31st July, 1st, 7th, 8th, 14th, 15th, 21st, 22nd, 29th Aug, 4th & 5th Sep

Times: 9am-4pm (extended hours available)

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Coach Gunn & Curious

Dance Academy

(QES Dance Studio, Kirby Lonsdale)

Description: Junior Dance Days led by Curious Dance Academy offering fun filled days of dancing, exploring and creating. Suitable for both beginners as well as confident young dancers. Hot lunch & snacks included

Age range: 5-12

Dates: 1st, 8th, 22nd, 29th Aug & 5th Sep

Times: 9am-4pm (extended hours available)

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Cowran Training Ltd

(Pennington Lane, Near Ulverston)

Description: Inclusive farm-based outdoor activities, caring for animals (large and small) and the land, enjoying and learning about food, and having active days of fun. Meal provided. Transport from Barrow and Ulverston available.

Age range: 5-16

Dates: 24th-28th July, 31st July-4th Aug, 7th-11th Aug

Times: 10am-2pm

Booking information: Call 01229 483854 or Email education@cowranestate.com

Cumbria Cricket

(Ulverston Cricket Club, Priory Road)

Description: Fun, outdoor multi-sport sessions where children can learn new physical skills and make new friends in a team environment . Meals included

Age range: 5-11

Dates: 27th, 28th July, 3rd, 4th, 10th, 11th, 17th, 18th, 24th, 25th, 31st Aug & 1st September

Times: 10am-2pm

Booking information: To book visit: booking.ecb.co.uk/d/80q4pc/

The Endorphins Group

(St Martin and St Mary's Primary School, Windermere)

Description: Our inclusive programme will consist of enriching activities to develop positive health indicators and life skills. Meals included.

Age range: 5-16

Dates: 28th July, 2nd-4th, 9th-11th, 16th-18th, 23rd-25th Aug & 30th Aug-1st Sep

Times: 10am-2pm

Booking information: Call 0330 1332642 or email bookings@endorphins.uk

Ford Park Community Group (Ford Park)

Description: Working in partnership with HP Activities to offer fun and engaging sessions including sport, crafts and quizzes. Meals included

Age range: 5-11

Dates: 24th, 26th, 31st July, 2nd, 8th, 9th, 14th, 16th, 21st, 23rd, 29th, 30th Aug

Times: 11am-3pm

Booking information: Email
Ashleigh.wigley@ford-park.org.uk

Full Circle Experiences (The Hermitage, Rydal Road)

Description: Yoga, Creative arts, Arts and crafts, Nature walks and workshop with horses and gardening/planting seeds. Meals included

Age range: 5-16

Dates: 14th-17th Aug

Times: 10am-4pm

Booking information: Call 07557 868047 or visit Email bethatfullcircle@gmail.com

GLL Kendal Leisure Centre

Description: Multisport and craft activity days. Meals included

Age range: 5-11

Dates: 25th & 26th July, 1st-4th, 8th-11th, 16th & 23rd Aug

Times: 9am-2pm

Booking information: Email: Mandy.coates@gll.org

GLL Ghyll Head Outdoor Activity Centre

Description: Inclusive outdoor activities aimed at local SEN children. Activities can include water sports on Lake Windermere, climbing wall, zip wire, ropes course and orienteering; indoor games room and tipi. Meals included.

Age range: 6-18

Dates: 7th, 8th, 28th, 29th Aug

Times: 9.30am-4pm

Booking information: Call 015394 43751 or Email ghyllhead@gll.org

GLL Ulverston Leisure Centre

Description: Multisport and craft activity days. Meals included

Age range: 5-11

Dates: 27th July, 3rd, 10th, 17th 24th & 31st Aug

Times: 10am-2pm

Booking information: Danielle.Houghton@gll.org

GLL Windermere Outdoor Adventure Centre

Description: Water based Multi-Sports Activity Days. Meals included

Age range: 5-11

Dates: 18th & 25th July, 7th, 8th, 22nd & 29th Aug

Times: 10am-3pm

Booking information: Email
Windermere.outdoor@gll.org

Kendal Rugby Club

Description: Summer crafts and cards, rugby based activity sessions and healthy eating workshop. Meals included

Age range: 7-11

Dates: 21st & 22nd Aug

Times: 9.30am-1.30pm

Booking information: Call 01539 734039 or email info@kendalrugby.co.uk

Kent Estuary Youth-KEY

(M:HUB, Beetham Road, Milnthorpe)

Description: KEY offers fun activities that support young people to learn new skills, develop friendships, and take on challenges in a supportive environment. Meals included.

Age range: 11-16

Dates: 1st to 25th August

Times: 11am-3pm

Booking information: Call Emma 07960 451542 or email emmabanks@keyprojectcumbria.onmicrosoft.com

The Kepplewray Centre (Broughton in Furness)

Description: Inclusive programme of land and water-based outdoor activities led by qualified instructors. Meals included

Age range: 5-16

Dates: 7th-11th & 14th-18th Aug

Times: 9.15am-4.30pm

Booking information: Call 01229 716936 or email stay@kepplewray.org.uk

Nab Cottage (Ambleside)

Description: Fun activity games, learn play and have lots of outdoor fun.

Separate sessions for primary and secondary children. Meals included

Age range: 5-11 / 11-13

Dates: 21st-25th Aug

Times: Primary Session 10am-2pm

Secondary Session 3pm-5.30pm

Booking information: Call 07832 995390 or email emrichardson@live.co.uk

Oaklea Trust

(Lads and Girls Club, Kendal)

Description: 10 days inclusive Holiday Activity & Food Programme including a hot meal at lunchtime; games, crafts and trips.

Age range: 5-18

Dates: 25th & 28th July, 1st, 4th, 8th, 15th, 18th, 22nd & 29th Aug, 1st Sep

Times: 10am-2pm

Booking information: Call 01539 735025 or visit <https://www.oakleatrust.co.uk/holiday-activities-fund/>

Ragtag Arts (Community Gardens, Queen Catherine School)

Description: 3 days of creativity, bush crafts and fun all outside the Community Gardens. Meals included.

Age range: 6-11

Dates: 2nd-4th Aug

Times: 10am-3pm

Booking information: Call 01539 232552 or visit www.ragtagarts.co.uk

Ragtag Arts (Unit 16 Mealbank Ind Est, Kendal, LA8 9DL)

Description: Mural Project. Help us design and paint a fabulous mural for the outside of Ragtag. Meals included

Age range: 8-14

Dates: 15th-17th Aug

Times: 10am-3pm

Booking information: Call 01539 232552 or visit www.ragtagarts.co.uk

Youth Presence (Dean Gibson Primary, Hawesmead Avenue, Kendal)

Description: 5 welcoming, fun filled days with a huge variety of activities, including a trip at the end of the project. Meals provided.

Age range: 9-11

Dates: 22nd-25th & 29th Aug

Times: 10.30am-2.30pm

Booking information: Email info@youthpresence.org.uk

