



## Cumbria's Holiday Activity and Food Programme - South Lakeland

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for full details.
- Dates are liable to change, please contact the activity provider for more information.

### Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book holiday activities now! Or use the booking information provided.
- The HAF email for enquiries: [HAF@Cumbria.gov.uk](mailto:HAF@Cumbria.gov.uk)
- If you are not eligible for a free place many providers offer paid places – please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.

### Adventure Peaks (101 Lake Road, Ambleside)

**Description:** Active indoor climbing sessions. Meals included. Transport can be provided from a range of locations including; Ulverston, Bowness, Ambleside, Kendal, Staveley & Windermere

**Age range:** 6-14 (age specific sessions)

**Dates:** 3rd—6th April

**Times:** 9am-12.30pm, 12.30pm-5pm, 4pm-6pm

**Booking information:** Call 015394 33794 (option 1) or visit [www.amblesideadventure.co.uk](http://www.amblesideadventure.co.uk)

### Coach Gunn (QES Sports Hall, Kirby Lonsdale)

**Description:** Multi sports, fun games, bouncy castle, body floor surfing, UV Sports, supervised free play, archery, nerf, Lego, let's craft, Easter party games plus lots more! Meals included

**Age range:** 5-12

**Dates:** 3rd, 4th & 11th April

**Times:** 9am-4pm (extended hours available)

**Booking information:** Call 07912 178917 or email [coachmarkgunn@gmail.com](mailto:coachmarkgunn@gmail.com)



Department  
for Education

## Available in South Lakeland

### **Cowran Training Ltd (Pennington Lane, Nr Ulverston)**

**Description:** Having fun on a farm with Sheep and their Lambs, Pigs, Cattle, and Poultry. Includes cuddle time with Rabbits & Guinea Pigs and Ferret races. Meal provided.

**Age range:** 8-16

**Dates:** 3rd-6th April

**Times:** 10am-2pm

**Booking information:** Call 01229 483854 or email [education@cowranestate.com](mailto:education@cowranestate.com)

### **The Endorphins Group (St Martin and St Mary's Primary School, Windermere)**

**Description:** Our inclusive programme will consist of enriching activities to develop positive health indicators and life skills. Meals included.

**Age range:** 8-16

**Dates:** 4th, 5th, 11th and 12th April

**Times:** 10am-2pm

**Booking information:** Call 0330 1332642 or email [bookings@endorphins.uk](mailto:bookings@endorphins.uk)

### **Ford Park Community Group (Ford Park, Ulverston)**

**Description:** Fun and engaging sports activities followed by Easter craft workshops. Meals included.

**Age range:** 5-11

**Dates:** 3rd - 6th April

**Times:** 11am - 3pm

**Booking information:** Email: [Ashleigh.wigley@ford-park.org.uk](mailto:Ashleigh.wigley@ford-park.org.uk)

### **GLL Kendal Leisure Centre**

**Description:** Multisport and craft activity days. Meals included

**Age range:** 5-11

**Dates:** 4th, 5th, 11th & 12th April

**Times:** 9am-2pm

**Booking information:** Email: [Mandy.coates@gll.org](mailto:Mandy.coates@gll.org)

### **GLL Ghyll Head Outdoor Activity Centre**

**Description:** Inclusive outdoor activities aimed at local SEN children. Activities can include climbing wall, zip wire, ropes course, archery and orienteering, indoor games room and tipi. Meals included

**Age range:** 6-18

**Dates:** 6th, 7th, 13th & 14th April

**Times:** 10am-3pm

**Booking information:** Call 015394 43751 or email [ghyllhead@gll.org](mailto:ghyllhead@gll.org)

### **GLL Ulverston Leisure Centre**

**Description:** Multisport and craft activity days. Meals included

**Age range:** 5-11

**Dates:** 4th & 11th April

**Times:** 10am-2pm

**Booking information:** Email [Kathryn.gatt@gll.org](mailto:Kathryn.gatt@gll.org)

### **Kendal Rugby Club**

**Description:** Spring crafts and cards, rugby based activity sessions and healthy eating workshops. Meals included

**Age range:** 7-11

**Dates:** 11th & 12th April

**Times:** 9.30am-1.30pm

**Booking information:** Call 01539734039 or email [info@kendalrugby.co.uk](mailto:info@kendalrugby.co.uk)

### **Kent Estuary Youth—KEY (M:HUB, Beetham Road, Milnthorpe)**

**Description:** 4 days of activities for young people, including a day trip to Salt Ayre. Meals provided

**Age range:** 11-16

**Dates:** 4th - 7th April

**Times:** 11am-3pm

**Booking information:** Call Emma 07960 451542 or email [emmabanks@keyprojectcumbria.onmicrosoft.com](mailto:emmabanks@keyprojectcumbria.onmicrosoft.com)

### **The Keppleway Centre (Broughton in Furness)**

**Description:** Land and water based outdoor activities. Meal included

**Age range:** 5-16

**Dates:** 11th-14th April

**Times:** 9.15am-4.30pm

**Booking information:** Call 01229 716936 or email [stay@keppleway.org.uk](mailto:stay@keppleway.org.uk)

### **Nab Cottage (Ambleside)**

**Description:** 4 day fun filled activity programme including party games. Meals provided

**Age range:** 5-11

**Dates:** 4th 5th 11th & 12th April

**Times:** 10am-2pm

**Booking information:** Call 07832 995390 or email emrichardson@live.co.uk

### **Oaklea Trust (Lads and Girls Club, Kendal)**

**Description:** 4 day Holiday Activity & Food Programme including a hot meal at lunchtime; games and crafts.

**Age range:** 5-18

**Dates:** 4th, 7th, 11th & 14th April

**Times:** 10am-2pm

**Booking information:** Call 01539 735025 or email enquiries@oakleatrust.co.uk

### **Ragtag Arts (Castle Park School, Kendal)**

**Description:** Art & Craft sessions with Ragtag Arts. Meals included.

**Age range:** 5-11

**Dates:** 3rd - 6th April

**Times:** 10am-3pm

**Booking information:** Call 01539 232552 or visit [www.ragtagarts.co.uk](http://www.ragtagarts.co.uk)

### **Ulverston Canoe Club (Fell Foot Park)**

**Description:** Canoeing and Campcraft on Windermere. Meals included. Transport may be available please contact us to discuss.

**Age range:** 11-16

**Dates:** 11th-14th April

**Times:** 9am-4.30pm

**Booking information:** Email [ucchaf@gmail.com](mailto:ucchaf@gmail.com)

