



Keeping

Your Child Safe
in Sport

3-9 October 2022

Active Cumbria are proud to support the **NSPCC**'s, **Keeping Your Child Safe in Sport Week**.

You too can help support the campaign and play a part in **keeping children safe in sport** by sharing this resource around your club and with parents and carers.

The campaign aims to help equip parents and carers with the right advice to help them keep their child safe from abuse in sport.

Next steps Parents can access the following learning, resources and support to help keep their child safe in sport:

1 Access the **FREE CPSU** parent elearning course

The CPSU have designed this course to help parents understand their role in keeping children safe in sport and to let them know who to turn to if they have any worries.

The course is free to take and is suitable for any parent of a child who takes part in sport, regardless of levels of safeguarding knowledge. It should take around 10 minutes to complete.

Find the course [here](#).

2 Find resources and support on-line

Visit the **CPSU website** which has a dedicated parents' hub created to sign-post parents to all the advice needed to keep children safe in sport, from choosing safe clubs and activities, to supporting your child in a positive way.

You can also find information on the **Active Cumbria** website.

3 Watch this helpful video

With advice from the NSPCC on how to keep your child safe on social media.

You can also play your part in keeping your child safe in sport by accessing the NSPCC's selection of sport advice and resources on line [here](#).

NSPCC



Be part of it!

