



FIT FOR

THE

FUTURE



Active Cumbria in partnership with Club Matters are pleased to be hosting a series of workshops for sport and physical activity clubs and organisations to help get 'Fit for the Future'.

These free on-line sessions are designed to develop your skills, improve your knowledge and ultimately help you develop your club by creating resilience and sustainability.

All are free of charge.
Book now to avoid disappointment!

▶ **A club for everyone**

Monday 3 October 2022 at 6.30 - 8.30pm

Consider how to create long term and sustainable change to ensure sport is accessible to all.

▶ **Engaging your community**

Monday 5 December 2022 at 6.30 - 8.30pm

Connecting, understanding and engaging your local community.

▶ **Planning for your future**

Monday 30 January 2023 at 6.30 - 8.30pm

Learning how to effectively plan and develop objectives to enable your club to flourish.

▶ **Participant experience**

Monday 27 March 2023 at 6.30 - 8.30pm

Understand what existing and potential members want from your club.

TO BOOK A PLACE

Simply click on the workshop title above to register to attend. You can attend as many sessions as appropriate, and it is advisable to book early as places will be limited.

Following the workshops we are also offering FREE 1 to 1 club support with our local partners Cumbria CVS and We are Intro.



For further details please visit www.activecumbria.org/workforce/fit-future