



What you need:



Inside of a  
kitchen roll

## Lovely Letters >

Where Can I Play:  
**Indoors or  
Outdoors**

### Let's Play



#### Activity 1

- Make big letters in the air and ask the child to copy you. Describe the letters of the shapes as you do them (for example, start at the top and draw a curve around for the letter "C"). Talk to them about where each letter starts and ends.

#### Activity 2

- Ask the child to make the letters while sitting on their bottom. Can they make them with their feet, their hands etc?

#### Activity 3

- Standing up, ask the child to make the shapes as big as they can. For example bending their knees and stretching up high on their toes.

### Let's Change Things



- Show the child how to make the letters in their name.
- Give the child the inside of a kitchen roll to make the letters with.
- Ask the child to make the letter shapes whilst trying to stand on one leg.

### Why?



*Helps to develop:*

- understanding of direction
- letter formation
- balance

☆ Activity Theme  
**STABILITY**

