active Cumbria

The Cumberland

Cumbria County Council

2019 CUMBRIA SCHOOL GAMES

MULTI SPORTS PROGRAMME

cumbriaschoolgames

#cumbriaschoolgames

10.00am - 3.30pm

Wednesday 10 July 2019

The Sands Centre

Carlisle CA1 1JQ

WWW.CUMBRIASCHOOLGAMES.ORG

British Paralympic Association

Department for Culture Media & Sport

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2019 CUMBRIA SCHOOL GAMES

Welcome...

The role of the Local Organising Committee is to arrange a variety of high quality festivals of sport in Cumbria across Primary, Secondary and Special Schools.

The Cumbria Multi-Sport Event is one of those and has become an anticipated annual event which we hope will inspire and motivate both competitors and volunteers who take part.

Today marks the culmination of competitions that have taken place around the six districts within the county with the most successful students gathering for the countywide competition.

As the students compete we hope that everyone has an enjoyable and challenging day and leaves with a passion to continue to participate in a wide variety of Sporting endeavours in the coming years.

Cumbria School Games
Local Organising Committee

SPECIAL GUEST – DANCE CO

Today we are joined by Dance Co

DanceCo was founded in 2007 by Dance Teacher Wendy Boothman at St Aidan's County High School, Carlisle. When the school merged with North Cumbria Technical College in 2008 DanceCo became a popular and important group at the then new Richard Rose Central Academy. The Dance Company have performed at the Dance Factor and Big Dance shows at The Sands as well as at Disney Land Paris and many local events.

Members of the group have gone on to study Performing Arts and many ex members now teach and bring their own groups to perform at Rocket Theatre Groups new show Evolution Dance Fest in Carlisle.

Today's dancers are from Year 7, 8 and 10 at Central Academy Carlisle.

JOIN NOW

UNDER 16? WE'VE GOT A BETTER MEMBERSHIP FOR YOU.

BETTER LEISURE CENTRES IN CUMBRIA

Under 16 and want to stay fit, healthy and have fun? Our Junior membership could be just what you're looking for.

We have junior gym sessions, swimming, racquets and much, much more.

For further details visit **better.org.uk**

BETTER
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Full junior membership terms and conditions apply and available better.org.uk/terms. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398

2019 CUMBRIA SCHOOL GAMES

GENERAL EVENT TIMETABLE

10.00am Arrival and registration of teams at Carlisle Sands Centre

10.20am Opening ceremony and welcome

10.45am Team dispersal to competition sites
(This will be done sport by sport on a staggered basis, please wait to be instructed to leave the Main Hall at the Sands Centre)

11.00am Sports competitions start

Please take lunch when a break in play occurs

2.30pm Completion of sports competitions

2.45pm Return to main hall at Sands Centre

3.00pm Medal presentation and closing ceremony

3.30pm Goodbye

TEAM COLOURS

To assist you in the identification of teams

SPORTS AND VENUES

Boccia	Sands Centre
High 5 Netball	Carlisle College Sports Hall
Mini Tennis	Chatsworth Tennis Club
Orienteering	Chances Park
Pan Disability Football	Sands Centre
Quicksticks Hockey	Austin Friars
Table Cricket	Sands Centre
Table Tennis	Sands Centre
Tri Golf	Swifts Golf Club
Year 7 Netball	Carlisle College Sports Hall

Cumbria Sports Awards 2019...

...could your school win?

Active Education SPORT AWARD

EXTRAACTIVEEDUCATION

Awarded to the school, college or university that can demonstrate a commitment to providing high quality physical activity and sporting opportunities for all pupils through a wide range of curriculum and extra-curricular opportunities

Nominations open in September

Remember to apply your sun protection

Help every child and young person to have a positive school games experience

CUMBRIA SCHOOL GAMES

I am a Young Leader

- I am learning
- There will be decisions I get wrong

I love this game and I'm trying the best I can

- Please do not shout at me
- Please respect me

Uphold the code of conduct

2019 CUMBRIA SCHOOL GAMES

CODE OF CONDUCT

Code of Conduct for everyone involved in Levels 1, 2 and 3 of the Cumbria School Games.

When attending a Cumbria School Games competition you/your school and any accompanying adults are agreeing to adhere to this Code of Conduct.
By agreeing to the Code of Conduct we ensure correct behaviour and attitudes are demonstrated by ALL event staff and volunteers, officials, school staff, team supporters, coaches and participants involved in the Cumbria School Games.

Pupils

- Play by the rules and always do your best
- Accept decisions made by officials
- Treat your opponents with respect at all times
- Accept victory or defeat with good grace
- Stay at the school games venue unless accompanied by a member of school staff

Event Staff & Volunteers/School Staff/Team Supporters/Coaches & Officials

Do

- Show high standards of behaviour within the spirit of the games
- Respect officials and their decisions and encourage fair play
- Place the well-being, safety and enjoyment of every child and young person above everything else - ensuring they have a positive school games experience.
- Take responsibility for the children and young people placed in their charge
- Support and encourage all children and young people
- Respond to any concerns about any young person's welfare, always acting in their best interests

Do Not

- Engage in public criticism of athletes, teams, volunteers or officials.
- Engage in or tolerate offensive, insulting or abusive language
- Enter the field of play without permission

Young Leaders

We aim to ensure all young leaders/volunteers who are judging or officiating at the event to have a positive experience. Under no circumstances should any adults speak directly to a young leader regarding any decisions made by them.

It is the responsibility of each school to ensure that pupils and their team supporters abide by this code of conduct. Please remember that many of our officials are students themselves and volunteering. They have received training prior to this event.

During an event any genuine complaints or concerns should be directed to a member of the event team wearing a yellow t-shirt. If you need to report any issues after the event please call **01228 226885** or e-mail **feedback@activecumbria.org**

STAY SAFE

It's everyone's responsibility to keep sport safe. **#safeinsport**

If you're concerned about your own or another young person's safety or welfare get in touch with someone wearing a yellow t-shirt in the first instance **www.activecumbria.org/safeinsport**

You can also get in touch with the **Cumbria School Games Welfare Officer** who you can talk to about any worries or concerns you may have and help you get the support you need. Call **Becky Underwood** on **07717 586430** **#safeinsport**

ChildLine 0800 1111

NSPCC CHILD PROTECTION **HELPLINE** 0808 800 5000

Any breach of this code of conduct may result in an individual and/or their associated team being sent home and/or disqualified from a competition and jeopardise their future involvement in other Cumbria School Games Opportunities.

Such conduct that fails to meet the codes outlined above should be in the first instance brought to the attention of the Event Management Team, who will make further investigations into the alleged incident, and take appropriate action.

2019 CUMBRIA SCHOOL GAMES

EVENT STAFF

If you need any assistance throughout the event you can speak to the event staff which will be wearing the following T-Shirts:

YELLOW T-shirt Event Team
ORANGE T-shirt Young Official

Events and Workforce
Jackie Hayhow 07818 014966

Welfare Officer
Becky Underwood 07717 586 430

Special Guests
Richard Johnston 07973 811204

Reception/Results & Deputy Welfare
Michelle Young 07584 556663

Media and Communications
Joanna Coleman 07557 545158

SPIRIT OF THE GAMES VALUES

The world is a competitive place with challenges and pressures on all our lives to stand out from the crowd or to be successful. What better place to learn then the lessons of what it takes to be your best, to be creative and to accept winning and deal with losing than school sport? The School Games is all about being the best you can be. To help with this, there are a set of values developed by young people called the **Spirit of the Games**

Keep going no matter what. Determination is about the journey you go on to push yourself and achieve your dreams. Have the mental strength and self discipline to overcome obstacles, commit to your goals and keep working everyday to become the very best you can be. Don't hold back!

Treating everyone equally, supporting each other and working together to have fun and achieve. Celebrate each other's success and be a positive team player.

You've got to believe to achieve. Have the self-belief and confidence to succeed and reach your personal best.

Be honest with others and with yourself. Have the courage to do the right thing and what you know is right. Let the best person win, not the best cheat!

Giving it 100 per cent. Put your heart and soul into the game and never give up. Passion makes you enter the race and passion makes you finish it.

Treating others politely and with understanding. Accepting life's 'ups and downs' with grace. Respect every day, in everything you do and for everyone around you.

2019 CUMBRIA SCHOOL GAMES

CONTACT LIST

Site	Name	Role	Tel no.
General	Jackie Hayhow	Events & Workforce Officer	07818 014966
	Richard Johnston	Special Guests	07973 811204
	Michelle Young	Reception / Results / Deputy Welfare Officer	07584 556663
	Becky Underwood	Welfare Officer	07717 586430
	Joanna Coleman	Media & Communications Manager	07557 545158
	Richard Metcalf	Transport Manager	07824 569613
Sands Centre	Richard Metcalf	Site Manager	07824 569613
Swifts Golf	Russell Maddams	Site Manager	07909 537638
Chances Park	Lucy Lamb	Site Manager	07837 888090
Austin Friars	Aileen Grant	Site Manager	07825 823443
Carlisle College Sports Hall	Becky Underwood	Site Manager	07717 586430
Chatsworth Tennis Club	Andrea Sanders-Fox	Site Manager	07979 535472

USE OF PHOTOGRAPHIC AND FILMING EQUIPMENT AT COMPETITIONS

In line with our Safeguarding policy, we request that any person wishing to engage in any form of photography or filming at any site should register their details with staff at the information desk at the Sands Centre, for other sites please find a member of the event team in a yellow t-shirt.

The School Games team reserves the right to refuse entry to any person unable to meet or abide by our conditions.

Strictly no photographs of children with red wristbands.

Any suspicious behaviour should be reported straight away to a member of the School Games team in the Yellow shirts.

Photographs from the event will be available at:

WWW.CUMBRIASCHOOLGAMES.ORG

The Local Organising Committee wishes to thank all sponsors and supporters

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