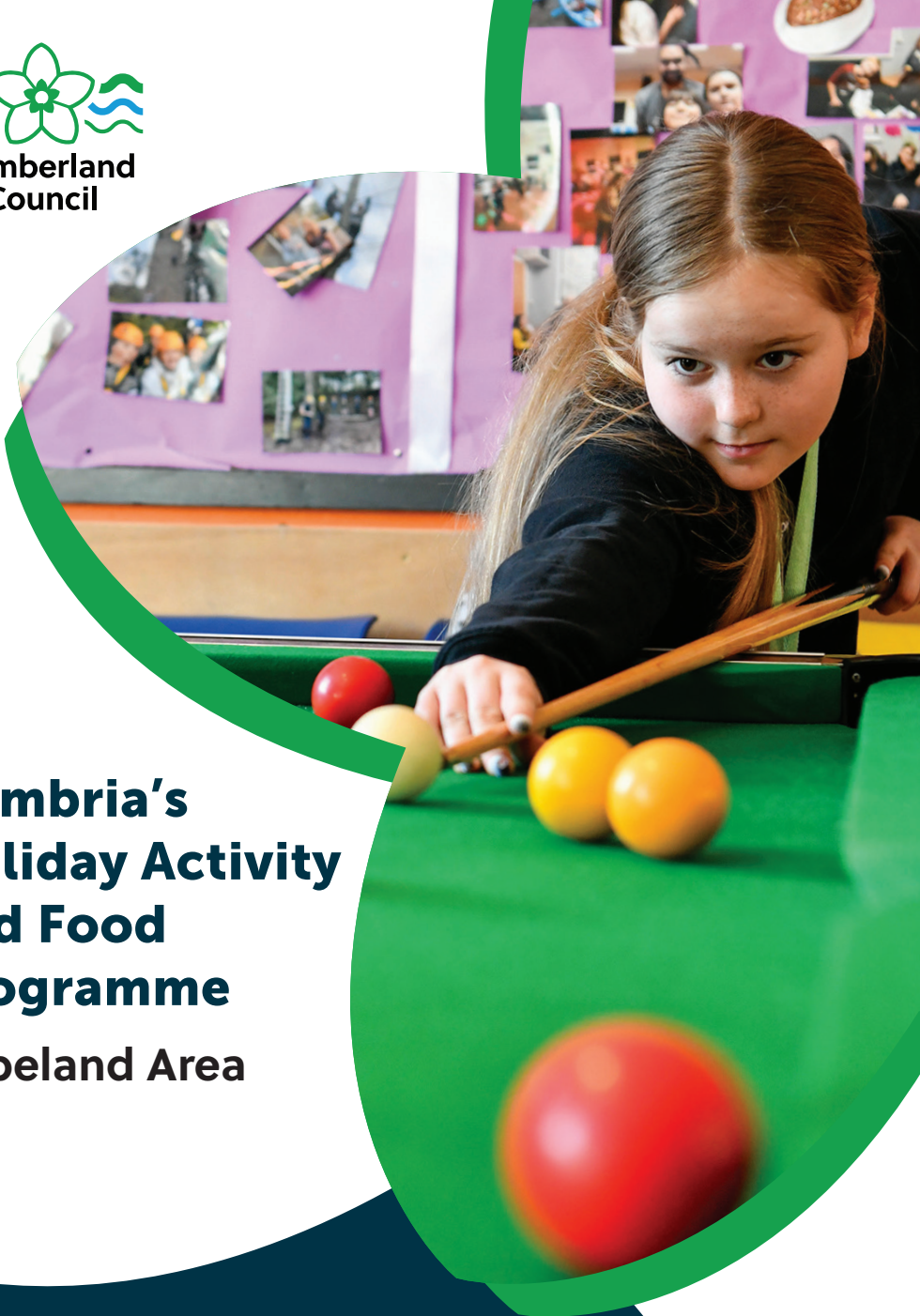




Cumberland
Council

Cumbria's Holiday Activity and Food Programme

Copeland Area



cumberland.gov.uk

Book sessions in your area now!

- Visit cumberland.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis - and are subject to availability.
- Some activity providers offer transport.
Visit cumberland.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

The Holiday Activity Programme is aimed at all statutory school-age children and young people (Reception-Year 11).

- Places are **FREE** for eligible children due to external funding.
- Funded places are for young people who receive benefits-related Free School Meals and other eligible children in particular circumstances.
- All children who attend will also be provided with a meal.
- Eligible children can access up to sixteen sessions this summer.
- Interested in any of the activities listed in this leaflet?
Visit Cumberland.gov.uk/holidays to book holiday activities or use the booking information provided.
- For any enquiries or to check your eligibility status email:
HAF@Cumberland.gov.uk
- If you are not eligible for a funded place many providers offer paid places - please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



**BEE Unique SEN Activity
(Egremont Methodist Church,
Main Street, Egremont)**

Description: Activities include Helen's Herb Baking Session, Fun craft & creative Session and Party Time with Cumbria Entertainment. Lunch provided for booked attendees. Parents/Carers required to stay. Beverages and biscuits provided for parents. You do not require an official diagnosis to attend. Siblings welcome to book.

Age range: 4 - 18

Dates: 30 July, 13, 20 and 27 August

Times: Times vary, please visit the booking link below for more information.

Booking information:

Please visit <https://bookwhen.com/beeunique> or email beeuniquecharity@gmail.com

**BEE Unique SEN Activity
(Whitehaven RLFC,
The Recreation Ground,
Coach Road, Whitehaven)**

Description: Activities include Introduction to darts with crafts for younger participants, Science creative session, Brad's Pet Encounter Experience and Fun craft & creative sessions. Lunch provided for booked attendees. Parents/carers required to stay. Beverages and biscuits provided for parents. You do not require an official diagnosis to attend. Siblings welcome to book.

Age range: 4 - 18

Dates: 25 July, 1, 7, 15 and 22 August

Times: Times vary, please visit the booking link below for more information.

Booking information:

Please visit <https://bookwhen.com/beeunique> or email beeuniquecharity@gmail.com

**Cumbria Cricket (Whitehaven
Cricket Club, Richmond Terrace,
Whitehaven)**

Description: We offer a fun, outdoor multi-sports activity where children can learn new physical skills and make new friends in a team environment. Meals included.

Age range: 5 - 11

Dates: 29, 30 July, 5, 6, 12, 13, 19 and 20 August

Times: 10am - 2pm

Booking information: Visit

<http://www.whitehavencricket.co.uk/haf-booking/>



**Cumbrian Heavy Horses
(Baystone Bank Farm,
Whicham Valley, Millom)**

Description: Farm life, arts and crafts, outdoor activities, bushcraft, farm walks and possible beach day. Meals included. Transport from local venues may be available.

Age range: 8 - 16

Dates: 1 - 4, 7 - 10, 14 - 17 and 20 - 23 August

Times: 10am - 2pm

Booking information:

Call **07769 588565** or email **annie@cumbrianheavyhorses.com** to request a booking form.

**Distington Club for Young People
(Youth Centre, Main Street,
Distington)**

Description: 16 days of fun activities for local children and young people. Meals included.

Age range: 4 - 16

Dates and times:

18 July: Nature Walk 4pm - 6pm,

22 July: Life Centre Newcastle 8am - 8pm,

24 July: Crafts Day 3pm - 5pm,

30 July: Clip and Climb 10am - 4pm,

31 July: Sports 1pm - 5pm.

6 August: Beach Day 10am - 4pm,

7 August: Sports 1pm - 5pm,

13 August: Canoeing 9am - 3pm,

14 August: Sports 1pm - 5pm,

15 August: Crafts 1pm - 3pm, 20

August: Nature Walk 11am - 1pm

and 21 August: Sports 1pm - 5pm

Booking information:

Contact us through Facebook, visit the centre or email **dcfyp@outlook.com**

**E.S.K.K Martial Arts & Fitness
(Reform Church Hall, James
Street, Whitehaven)**

Description: A fun karate Kidz Summer Camp filled with karate, fitness, games, and crafting. Meals included.

Age range: 6 - 11

Dates: 7 - 9 August

Times: 10am - 2pm

Booking information:

Call **07729 834944** or email **info@eskk.co.uk**

**Football Fun Factory
(Whitehaven Academy,
Cleator Moor Road, Whitehaven)**

Description: A Unique Football Fun Camp for all abilities, come join us in our Inflatable Football Paradise. Meals included.

Age range: 5 - 12

Dates: 29 July - 2 August and 12 - 16 August

Times: 9am - 3.30pm

Booking information: Email **scott@thefootballfunfactory.co.uk**

**Football Fun Factory Girls Only
Camp (Whitehaven Academy,
Cleator Moor Road, Whitehaven)**

Description: Unique Girls only Football Fun Camp experience for girls aged 5 - 12. All abilities welcome. Meals included.

Age range: 5 - 12

Dates: 19 - 23 August

Times: 9am - 3.30pm

Booking information: Email **scott@thefootballfunfactory.co.uk**

Frizington Nursery School & Pre-School (Main Street, Frizington)

Description: An action-packed holiday club for children ages 4 - 8, the children will be crafting, baking, gaming, playing, and taking part in outdoor activities. Meals included.

Age range: 4 - 8

Dates: 26 July, 2, 9, 16, 23 and 30 August

Times: 9am - 1pm

Booking information: Call 01946 810846 or email admin@frizington-nur.cumbria.sch.uk

GLL Cleator Moor Activity Centre (Off Wyndham Street, Cleator Moor)

Description: We offer a day filled with multi-sports, craft, lunch, and an hour on The Bouncy Castle. Meals included.

Age range: 5 - 10

Dates: 23, 25, 30 July, 1, 6, 8, 13, 15, 20, 22, 27 and 29 August

Times: 10am - 2pm

Booking information: Email copeland.community@gll.org

GLL Whitehaven Sports Centre (Flatt Walks, Whitehaven)

Description: We offer a day filled with Multi-Sports, craft, lunch, and an hour on The Air Venture. Meals included.

Age range: 5 - 10

Dates: 24, 26, 31 July, 2, 7, 9, 14, 16, 21, 23, 28 and 30 August

Times: 12pm - 4pm

Booking information: Email copeland.community@gll.org

Little Explorers (Meadow Road, Whitehaven)

Description: Kids all sorted this, Summer! Wide range of activities from I spy nature trail, art and craft activities, construction challenges, outdoor games and exploring, and Science activity day. Weekly offsite outing. Meals included. Transport for children from Cleator Moor will be provided.

Age range: 5 - 8

Dates: 29 July - 2 August and 5 - 9 August

Times: 9.30am - 1.30pm

Booking information: Email holidayclub22@aol.com to request a booking form.



Millom Recreation Centre (Lancashire Road, Millom)

Description: Multi-Sports, Arts & Crafts Holiday Club. Meals included.

Age range: 5 - 14

Dates: 22 - 24, 29 - 31 July, 5 - 7, 12 - 14, 19 - 21 and 27 August

Times: 10am - 2pm

Booking information: Visit www.MillomRecreationCentre.co.uk

Millom Recreation Centre - Teen Sessions (Lancashire Road, Millom)

Description: Arts and craft, gymnastics, football, tennis, mini-archery, darts, table tennis, badminton, rugby, basketball, dodgeball, athletics and cricket exclusively for those aged 12 and over. Meals included.

Age range: 12+

Dates: 22, 23, 25, 29, 30 July, 1, 5, 6, 8, 12, 13, 15, 19, 20, 22 and 27 August

Times: Monday and Wednesday: 1:30 - 4:30pm.

Thursdays: 9am - 12pm

Booking information: Visit www.MillomRecreationCentre.co.uk

Rosehill Youth Theatre & The Solway Hall Whitehaven (Lowther Street, Whitehaven)

Description: Summer HAF Activities Programme 2024: Nerf Wars, arts and crafts, board game activities, film afternoons with healthy meal, snacks, and drinks.

Age range: 5 - 18

Dates: 29 and 30 July, 5, 6, 12 and 13 August

Times: 10am - 4pm

Booking information: Email thesolwayhallactivities@outlook.com

Shackles Off (Millom Guide Hall, Lapstone Road, Millom)

Description: Free fun activity sessions with multi sports, kayaking, raft building cooking and team fun.

Warm meal included.

Age range: 8 - 19

Dates: 30 July, 1, 6, 8, 13, 15, 20, 22 and 23 August. Date for trip to Keppleway to be confirmed

Times: 8 - 12 years: 4pm - 6pm.

12 - 19 years: 6pm - 8pm

Booking information: Message Shackles Off on Facebook, ask in the youth club or email joanne.pears@shacklesoff.org.uk



**Smart Body Sports
(Egremont Rangers ARLFC,
North Road, Egremont)**

Description: Multi-Sport, team building and enrichment activities delivered in a safe and inclusive environment. Meals included.

Age range: 4 - 12

Dates: 22 - 25 July, 29 July - 1 August, 6 - 9 and 12 - 15 August

Times: 10am - 2pm

Booking information: Visit www.smartbodysports.com or email admin@smartbodysports.com

South Whitehaven Youth Partnership (St Peter's Community Hall, Lakeland Avenue, Whitehaven)

Description: Summer Fit, Fun, Fed. Loads of sports, team games, arts, and crafts.

Age range: 8 - 12

Dates: 23, 25 and 30 July, 1, 6, 8, 15, 20 and 22 August. Plus a day trip on 13 August and a local trip on 27 August

Times: 10.30am - 2.30pm

Booking information: Call **01946 458438** or email admin@swyp.org.uk

South Whitehaven Youth Partnership (St Benedict's RUFC, Newlands Avenue, Mirehouse)

Description: Summer Fit, Fun, Fed. Loads of sports, team games, arts, and crafts.

Age range: 8 - 12

Dates: 22, 24, 29 and 31 July, 5, 7, 12, 19, 21 August. Plus a day trip on 13 August and a local trip on 27 August

Times: 10.30am - 2.30pm

Booking information: Call **01946 458438** or email admin@swyp.org.uk

St Bees School (Wood Lane, St Bees)

Description: Come and join us for an afternoon of fun filled activities and have the chance to form lasting friendships with children from all over the world. Take part in a wide range of sports from swimming to archery, yoga, tennis, arts, and crafts. Meals included. Transport options available from local towns.

Age range: 11 - 16

Dates: 22 - 26 July

Times: 11am - 4pm

Booking information: Email David.Norbury@Stbeesschool.co.uk

**The Kepplewray Centre
(Kepplewray Hill,
Broughton in Furness)**

Description: A range of fully inclusive fun and exciting outdoor activities including water-based activities.

Meals included.

Age range: 8 - 16

Dates: 2, 5 - 9, 12 - 16 and 19 - 23

August

Times: 9am - 5pm

Booking information: Call
01229 716936 or email
stay@kepplewray.org.uk