

Travel
Actively



Travel Actively Fund

Be part of it!



●● What is Travel Actively?

'Travel Actively' is a three-year programme to support, encourage and enable people to be more active by cycling, walking and wheeling (for example scooters, wheelchairs) for everyday journeys. For example commuting, shops, visits to health centres

The programme is based in the localities of Barrow-In-Furness and Carlisle as these areas have lower than national average participation levels for physical activity

Travel Actively focuses on the following targeted audiences:

- Older adults (60 years old and older)
- People with a disability or with a long-term health condition(s)
- People from poorest communities
- People from ethnically diverse backgrounds
- Children and young people
- People socially prescribed or signposted

••• What is the Travel Actively Fund?

The TAF can be applied for by any organisation that works with, or plans to work with, our targeted audiences within Barrow or Carlisle

Older adults (60years+)	People with a disability or long term health condition(s)	People from poorest communities
People from ethnically diverse backgrounds	Children and young people	People socially prescribed or signposted

The fund can be used for:

- Equipment hire/purchase
- Hire of facilities
- Promotion/Publicity
- Staff salaries
- Other staff costs (e.g. training)
- Transport/travel
- IT Costs
- Other costs.

For further information visit activecumbria.org/behealthybeactive/travel-actively/travel-actively-fund/

••• TAF process...

Review

- Read through Guidance and ensure meet criteria

Submit

- Submit application form to TravelActively@cumberland.gov.uk

Grant Panel

- Projects will be reviewed monthly by Travel Actively Internal Grant Panel

Decision

- Unsuccessful: Travel Actively will contact directly
- Require additional detail: Travel Actively Panel require further information prior to decision
- Successful: grant letter will be sent for signature and returned along with necessary documentation

Funds

- Funds will be released to successful organisation
- Meeting with locality team to discuss roll-out and data collection requirements
- Organisations to ensure surveys are completed with users and returned to Travel Actively
- All funds must be spent by late November 2025

●● Support available

There is lots of support available to assist you before developing your project or during your applying for the Travel Actively Fund

If we can support you in anyway do not hesitate to contact your locality team as below

<u>Barrow-in-Furness</u>	<u>Carlisle</u>
Siona Hartley Siona.Hartley@cumberland.gov.uk 07721629334	Chris Tolley Christopher.tolley@cumberland.gov.uk 07721629860
Jane Abington Jane.Abington@cumberland.gov.uk 07721627049	Lynsey Dawson Lynsey.dawson@cumberland.gov.uk 07721612889
Whole team email address: TravelActively@cumberland.gov.uk	
For further information visit activecumbria.org/behealthybeactive/travel-actively/travel-actively-fund/	

Thank you and any questions?