

Westmorland & Furness Walks *South Lakeland* (October - December 2023)

Walk

When

Contact

- Cartmel Wellbeing Walk (LA11 6QF)

- Every Tuesday
- 11AM

- Ewen Cameron
07929 833528
e.cameron1@btintern
et.com

- Grange-over-Sands Wellbeing Walk (LA11 6DY)

- Every Thursday
- 11AM

- Ewen Cameron
07929 833528
e.cameron1@btintern
et.com

- Kendal Sunday WalksnWags (LA9 4PY)

- First Sunday of every month
- 10AM

- Anne Whitcombe
07790120553
anne.whitcombe.uk@
gmail.com

walks may be subject to change

Postcodes indicate walk meeting point. Walks without postcodes have multiple routes - please visit ramblers.org.uk and search Wellbeing Walks for specific walk dates and more details.