

# Teaching Developmentally Appropriate Athletics in the PE Curriculum

This course aims to support primary school staff to understand the principles behind a developmentally appropriate Athletics curriculum.

The course will provide a range of fun and engaging activities suitable for KS1 and 2 children, enabling them to compete against themselves and others.

The course will focus on:

- Understanding the importance of Fundamental Movement skills in the development of Athletics
- Different types of running and what “Good running” looks like
- Different types of jumping and what “Good jumping” looks like
- Different types of throwing and what “Good throwing” looks like
- Making links between different types of games and athletic activities, to enable children to transfer knowledge
- Running small scale athletics events for children

## Session Details & Booking

Course Provider: **Lesley Minervini**

Duration: **1:00pm – 4:00pm**

Cost: **£50.00**

**Wednesday 7**

**May 2025**

Belle Vue Primary  
School, Carlisle,  
CA2 7PT



**Follow the QR code and book now!**

If you are unable to book through  
Event Brite, please contact:

**kirsty.williamson@cumberland.gov.uk**

