

Westmorland & Furness Walks (South Lakeland)

April - June 2024

Walk

When

Contact

- Advantage! Rambling Raiders (Ulverston & Barrow - Multiple Start Locations)

- Every Friday
- 9.30AM (Barrow)
- 9.45AM (Ulverston)

- Advantage! Barrow
07394691827
advantage@barrowrlfc.com

- Cartmel Wellbeing Walk (LA11 6QF)

- Every Tuesday
- 11AM

- Ewen Cameron
07929833528
e.cameron1@btinternet.com

- Grange-over-Sands Wellbeing Walk (LA11 6DY)

- Every Thursday
- 11AM

- Ewen Cameron
07929833528
e.cameron1@btinternet.com

- Kendal Sunday WalksnWags (LA9 4PY)

- First Sunday of the month
- 10AM

*** Note - in April the walk will be on the second Sunday of the month (14th April)*

- Anne Whitcombe
07790120553
anne.whitcombe.uk@gmail.com

- Wander and Ponder Kendal Wellbeing Walk (LA9 4DA)

- Every Thursday (Starting 18th April)
- 1.30PM

- Jodie Evans
07423793632
Jodie.Evans@westmorlandandfurness.gov.uk

walks may be subject to change

Postcodes indicate walk meeting point. Walks without postcodes have multiple routes - please visit ramblers.org.uk and search Wellbeing Walks for specific walk dates and more details.