

Westmorland & Furness Walks (South Lakeland)

October - December 2024

Walk

When

Contact

New!
**Advantage! Rambling
 Raiders - Ulverston
 (LA12 9HT)**

Every Monday
 10.30AM

Louise Walton:
 07394 691827
 advantage@barrowlfc.
 com

**Cartmel Wellbeing Walk
 (LA11 6QF)**

Every Tuesday
 11AM

Ewen Cameron:
 07929 833528
 e.cameron1@btinternet.com

**Grange-over-Sands
 Wellbeing Walk
 (LA11 6DY)**

Every Thursday
 11AM

Ewen Cameron:
 07929 833528
 e.cameron1@btinternet.com

**Kendal Sunday
 WalksnWags
 (LA9 4PY)**

First Sunday of the month
 10AM

Anne Whitcombe:
 07790 120553
 anne.whitcombe.uk@
 gmail.com

**Wander and Ponder
 Kendal Wellbeing Walk
 (LA9 4DA)**

Every Thursday
 1.30PM

Jodie Evans:
 07423 793632
 Jodie.Evans@
 westmorlandandfurness
 .gov.uk

Walks may be subject to change.

Postcodes indicate walk meeting point.

Walks without postcodes have multiple routes.

Visit ramblers.org.uk, search Wellbeing Walks to find specific walk dates and more details.