ACTIVE CUMBRIA
Social Media Policy

When using social media in this office, please make every effort to:

- Follow
- Listen
- Post
- Mention
- Like
- Tag
- Question
- Link
- Protect

When using social media in this office, please DO NOT:

- Tweet under the Influence
- Flash
- Insult
- Slander
- Stalk
- Shout
- Share Secret Information
- Spam
- Swear

Be part of it!