

Year 7-11 *Key stages 3-4*

Active Lives

Children and Young People survey

Understanding pupils' levels of participation and attitudes to sport and physical activity to help them move more.



Simple steps



For further information please contact your [Active Partnership](#), or read [our latest report](#)



1

Select classes

1. Your Active Partnership will tell you which year groups have been selected – up to three.
2. List each selected year group's classes in alphabetical order based on teacher surname (or class name).*
3. Select the **last** class for each selected year group. These classes will complete the survey. **One class per year group.**
4. Your Active Partnership will send you the URL links to access the survey – one per class.

**Classes should be mixed ability, e.g. form groups. Where applicable they should also be mixed gender. For further information and help, please contact your Active Partnership.*

Information





2

Contact parents

1. Contact parents or guardians of pupils in the selected classes to let them know their child's class has been chosen.
2. A letter template is available below.

Letter template

Information





3

The survey

1. Test that the URLs work – do not Google the URL.
2. Make sure pupils have the correct URL. You can use lower or upper case.
3. Pupils can complete at school or at home but will need tablets or computers.
4. Share the information sheet and privacy policy with pupils beforehand.
5. Carry out the survey with the selected classes.
6. Complete the teacher survey - one teacher per school.



Data is collected and processed by Ipsos.

[Information sheet](#)

[Yr 7-11 privacy policy](#)

[Information](#)





4

Your rewards

1

School Report

You will receive:

A report on your school's data*



Ipsos will email you next term with your report

** Provided at least 30 responses are completed. If Covid-19 continues to cause disruption for schools, this may be reduced to 25 responses. Response numbers will affect the level of detail in the report.*

[Report example](#)

2

Equipment Incentive

You will receive:

10 credits (worth ~£100) to spend on equipment[^]

ESPO will email you once you have completed enough surveys to let you know how to claim your incentive

^ Provided at least 30 responses are completed. Exceptions apply for schools with fewer than 60 sampled pupils.

[Explore the rewards](#)

[Information](#)

3

Healthy Schools Rating Scheme

You will receive:

A rating certificate for your school to display.** Issued only as part of the school report

Ratings are calculated based on the teacher response

This is a Department for Education scheme - [further information](#)

*** Provided that the score calculated from the teacher response is enough to award a rating.*



Information 1 of 2

The Active Lives Children and Young People survey is run by Sport England and was developed with the Department for Education, the Department of Health and Social Care and the Department for Digital, Culture, Media and Sport. The Survey provides Sport England, Government and other partners with a broad and deep understanding of participation in and attitudes towards, sport and physical activity, shaping future policy and investment.

1. Please complete the surveys **by the date set** by your Active Partnership.
2. The survey takes **20 mins to complete**. Pupils need to complete in one sitting. They can do this at school or at home. Teachers can complete their survey over numerous sittings.
3. **More classes/pupils can take part** over those selected. Please contact your Active Partnership in this instance as different URLs will need to be provided.
4. If you have technical issues accessing the survey **ensure that the URLs have been whitelisted and are not blocked by school policies**. If this does not resolve the issue, please take a screenshot of the issue and contact your Active Partnership.
5. You can **view the questions** asked prior to taking part.
 - [Year 7-11 questionnaire summary](#)
 - [Teacher questionnaire summary](#)
6. The survey contains some **questions on demographics and wellbeing as well as about the pupil's family**. These questions are asked because socioeconomic status can affect young people's engagement in sport and physical activity. Ethnicity and disability are special category data. Pupils can opt to not answer these questions if they wish.