

Introduction to Lacrosse

Fancy trying a new sport in your school? Lacrosse is a fast-growing, exciting and inclusive sport that is suitable for all primary school age children. This twilight session will give an overview of how to teach lacrosse.

It will cover:

- Basic rules and adaptations
- Equipment needed
- Key skills

Following attendance at this session, delegates will have access to the following:

- An equipment grant of up to £1000 from The Lacrosse Foundation
- Further support and opportunities to tailor a bespoke package for your school from the course provider

Target audience: Anybody teaching PE in primary schools.

Session Details & Booking

Course Provider: **Vics Law**
(England Lacrosse Certified, Senior Scotland Development Coach)
Cost: **£35 per delegate**

**Tuesday 9th
July 2024**

Robert Ferguson
Primary School, Carlisle
Time: 4.00pm to 6.00pm



If you are unable to book through Eventbrite, please contact:
kirsty.williamson@cumberland.gov.uk

You can find more about our Support for Schools on our website:

[www.activecumbria.org/
support-for-schools](http://www.activecumbria.org/support-for-schools)



Or to find out more about PE Subject Leadership and CPD please visit:



Be part of it!



Westmorland
& Furness
Council



Active
Partnerships