

What you need:

Happy Face, Sad Face

☆ KEY FOCUS

*Personal, Social and
Emotional Development*

- ▶ Pictures of faces from resources - initially use only, sad, happy, angry and scary (Feel free to use any you think the children will react to, whilst trying to widen their experience of different genres of music)

- ▶ Music to portray those emotions, for example:
 - Sad – Schindler's List
 - Happy – Radetzky March - Can't Stop the feeling
 - Angry – Romeo and Juliet - Dance of the Knights
 - Scared – Carmina Burana

Where Can I Play:
Indoors or Outdoors

Let's Play



Activity 1

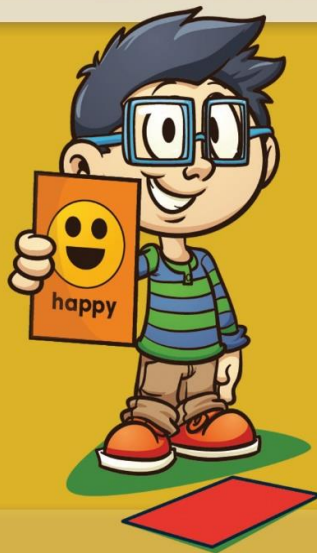
- Spread the pictures face down around the room. Ask the children to move around the room in different ways. Clap your hands to signal the children to stop and pick up the card nearest to them. Can they make a face like the one on the picture? Replace the card and repeat.

Activity 2

- Repeat the above activity, however, this time when the children pick up the card, can they move in a way they think represents the emotion portrayed?

Activity 3

- Play the different types of music. Ask the children to move in ways inspired by the music.



Let's Change Things



- Use only happy and sad.
- Ask the children to make a face to a partner. The partner has to guess the emotion and move around the room to represent it.
- Introduce more emotion cards.

Top Tips



- Point out the different ways children are moving to encourage creativity.
- Ask the children questions about how they feel when they are moving in a sad/happy way.
- Ask the children how the music makes them feel and why.



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What to look out for

- Children applying different amounts of force, for example stomping or tiptoeing.
- Children moving in different directions and different levels.
- Children moving on different body parts.

Why is this important?

Skills for Life

- Proprioception – how hard to push a foot into a shoe.
- Spatial awareness – how to spread letters out on a page.
- Directionality – tying laces.

Active Skills

- Proprioception – how hard to push off a foot to change direction.
- Spatial awareness – able to move in a space without bumping into others.
- Directionality – moving forwards, backwards, up and down.



Prime areas of Learning

- PSE** Opportunities to explore and talk about feelings.
- PD** Moving in different ways and directions.
- C&L** Chances to talk and listen to a partner.

Areas of Learning

- LIT** Encourage children to talk about how characters in books might be feeling (see list of suggested books).
- A&D** Children could draw or paint an emotion.

Vocabulary

Stomp, tiptoe,
feeling

