

25 February 2015

Penrith Leisure Centre

		White		Black		Red		Light Blue		Dark Blue		Green		White		Black	
		Allerdale		Carlisle		Copeland		Eden		Furness		South Lakeland		Allerdale		Carlisle	
		Beckstone		Kingmoor		St James		Yanwath		Lindal & Marton		Ghyllside		Dearham		Upperby	
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	16	22	14	14	12	12	24	24	20	18	4	8	8	12	6	2
	1 + 1 Lap Relay	16	12	18	18	6	4	2	22	10	2	22	8	20	24	14	6
	2 + 2 Lap Relay	18	24	8	8	22	16	16	14	14	22	6	18	14	10	20	20
	6 Lap Paarlauf																
	Over / Under Relay																
	4 x 1 Lap Relay	16	12	2	16	12	4	10	8	4	22	20	18	18	14	22	20
Field	Chest Push	10	8	18	22	4	2	10	18	16	12	2	18	24	18	16	4
	Speed Bounce	22	20	4	14	2	14	6	16	22	22	16	8	12	6	18	24
	Standing Long Jump	14	20	16	4	10	18	20	8	18	12	22	24	8	16	12	14
	Standing Triple Jump	14	20	24	6	20	12	18	22	24	18	10	2	6	14	4	10
	Vertical Jump	14	2	20	16	8	16	8	8	22	18	18	22	4	20	10	10
	Soft Javelin	2	4	14	22	6	14	20	16	18	14	6	22	12	14	24	18
Total		142	144	138	140	102	112	134	156	168	160	126	148	126	148	146	128
Combined Total		286		278		214		290		328		274		274		274	
Combined Position		4		5		10		3		2		6		6		6	
Virtual Total		936		992		917		980		1028		988		955		966	
Virtual Team Award																	

For more information on the Sportshall pathway go to www.sportshall.org



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		Red		Light Blue		Dark Blue		Green							
		Copeland		Eden		Furness		South Lakeland							
		Valley		Beaconside		Sacred Heart		Castle Park							
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	2	4	10	20	22	16	18	6						
	1 + 1 Lap Relay	12	10	4	20	24	16	8	14						
	2 + 2 Lap Relay	10	4	4	2	24	6	2	14						
	6 Lap Paarlaf														
	Over / Under Relay														
	4 x 1 Lap Relay	6	2	8	12	24	24	14	6						
Field	Chest Push	24	10	20	22	10	24	16	8						
	Speed Bounce	8	2	16	10	24	20	12	6						
	Standing Long Jump	2	6	6	10	24	22	4	2						
	Standing Triple Jump	8	16	16	24	12	8	2	4						
	Vertical Jump	12	8	16	16	24	24	2	4						
	Soft Javelin	22	2	12	24	12	14	16	14						
Total	106	64	112	160	200	174	94	78							
Combined Total	170		272		374		172								
Combined Position	12		9		1		11								
Virtual Total	899		1021		1071		834								
Virtual Team Award															

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