

Population of disabled people and sport participation within Cumbria



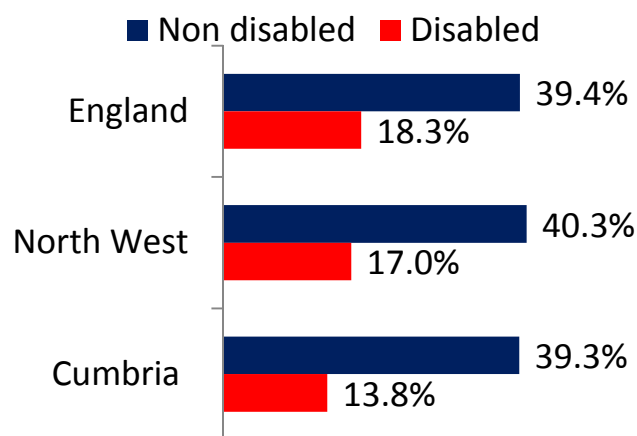
This factsheet provides a brief outline of the number of disabled people within Cumbria and how many currently take part in sport. It also identifies how that compares to the region and country as a whole.

Prevalence of disabled people within region – Census 2011¹

	Number of disabled people in area	Proportion of population in that are that are disabled
England	9,352,586	18%
North West	1,426,805	20%
Cumbria	101,721	20%

The North West region has a slightly higher proportion of disabled people compared to the national average with Cumbria having the same higher proportion of disabled people as the region as a whole

Proportion of people playing sport at a moderate intensity at least once a week for 30 mins – APS6²



The national figures show that over double the number of non-disabled people (39.4%) take part in sport once a week compared to disabled people (18.3%).

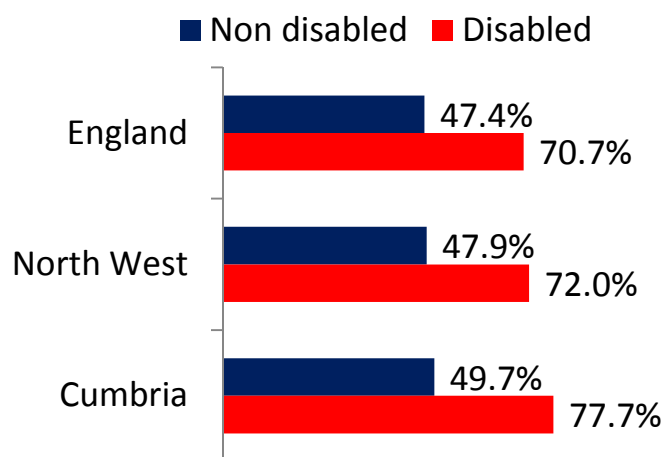
The figures from the North West show an even bigger difference between non-disabled and disabled people's participation, with a higher proportion of non-disabled people participating (40.3%), but a lower proportion of disabled people (17%).

With even fewer disabled people participating compared to the national and regional average Cumbria has an even wider gap between disabled and on-disabled participation, with 3 times as many non-disabled people taking compared to disabled people.

¹ Census 2011 definition of disability: People whose day to day activities are limited a little or a lot by their illness or disability ² APS6 – Oct 2011-Oct 2012

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Proportion of people not playing any sport (at any intensity for any duration) – APS6²



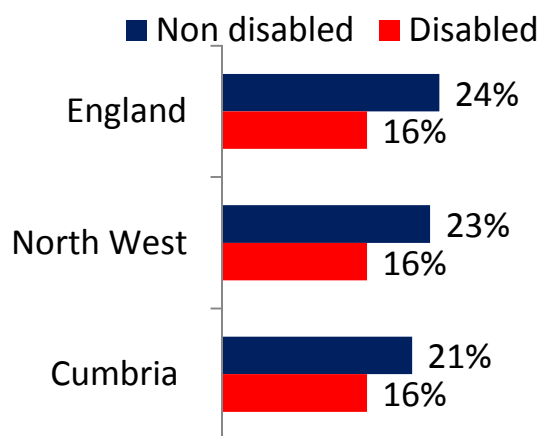
Nationally, around 7 in 10 disabled people do not take part in any sport, much higher than non-disabled people where the figure is 5 in 10.

As a region, the North West has a similar proportion of non-disabled people not taking part in any sport compared to the national average however it has

a slightly higher proportion of disabled people who are not taking part in any sport.

Over 3 in 4 disabled people in Cumbria are not taking part in any sport, a notably higher proportion compared to the national average. Cumbria also has a higher proportion of non-disabled people not taking part in sport.

Proportion of people that are members of sports clubs – APS6²



Whilst 1 in 4 non-disabled people in England are currently members of sports clubs, this reduces to 1 in 6 disabled people.

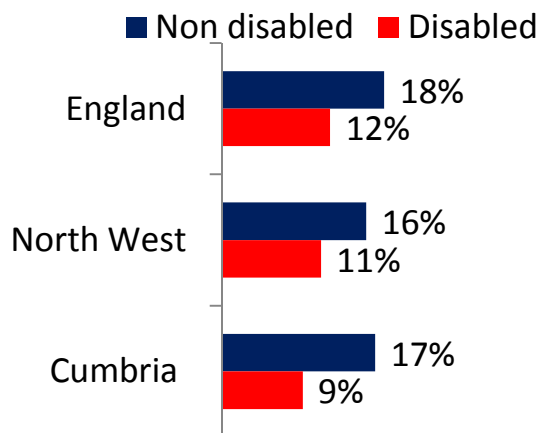
As a region, the North West has a similar proportion of both disabled and non-disabled people that are members of sports clubs compared to the national average.

Cumbria has the same proportion of disabled people involved in sports clubs as the national average, but fewer non-disabled people.

² APS6 – Oct 2011-Oct 2012

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Proportion of people who have received tuition in sport in the last 12 months– APS6²

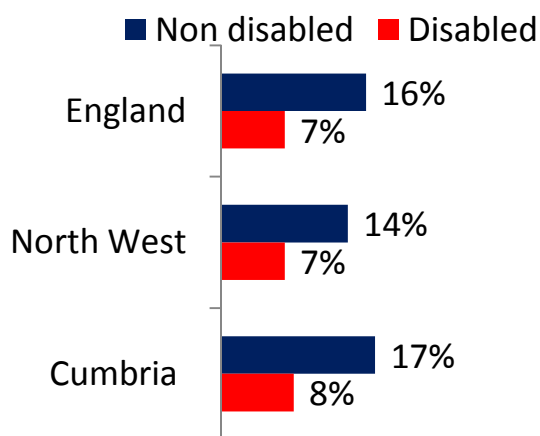


Nationally, only 1 in 8 disabled people have received tuition in the last 12 months compared to more than 1 in 6 non-disabled people.

In the North West, fewer disabled and non-disabled people received tuition in the last 12 months.

In Cumbria there fewer disabled and non-disabled people have received tuition in the last we months compared to the national average, notably fewer disabled people.

Proportion of people taking part in organised competition in sport in the last 12 months – APS6²



Nationally, only 7% of disabled people have taken part in organised competition in the last 12 months, less than half of the number of non-disabled people (16%).

The North West has fewer non-disabled people taking part in competition compared to the national average, but a similar proportion of disabled people.

Cumbria has a slightly higher proportion of disabled and non-disabled people taking part in organised competitions compared to the national average.

For more information, please contact Emma Spring, Research and Insight Manager
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² APS6 – Oct 2011-Oct 2012