

# Who to Contact: Safeguarding Children

**If you think it is an emergency and a child is in immediate danger, please contact Cumbria Police on 999.**

Need to talk to someone regarding a concern? Please contact the relevant Safeguarding Hub based on locality:

 Cumberland Safeguarding Hub: 0333 240 1727

 Westmorland and Furness Safeguarding Hub: 0300 373 2724

Concerned about a person working or volunteering with children and young people?

Contact your club welfare officer/safeguarding lead:

Name:

Tel:

Email:

Contact your club National Governing Body safeguarding lead:

Name:

Tel:

Email:

It is everyone's responsibility to record and report concerns, see below links to further information and useful resources.



## Childline

If you are feeling sad or worried, you can talk to someone about anything. Childline is open 24 hours a day, 7 days a week, whenever you need them they are ready to listen. You can also chat online.



Contact your Local Authority Designated Officer:

 Cumberland LADO - 0300 303 3892

 WAF LADO - 0300 303 3897

Contact

Active Cumbria

Safeguarding Lead:

