

Bitts Park

walk **1**



Open and accessible to all



Time

14 - 27 mins

Distance

1.4 km (0.9 miles)

Steps

Approx 1,800

Route

Tarmac
(grass option)

Start point

Bitts Park
car park
CA3 8UZ

Parking

Pay and Display

Bus routes

All city buses:
Market Hall stop

Walk category

Easy

This circular walk on level ground follows tarmac roads and paths. It is suitable for wheelchairs and pushchairs. There is an alternative shorter route across grass, (best in dry weather). Please be aware of traffic when walking on roads.

Bitts Park was the very first public park to be established in Carlisle. Some of the paths date back to 1818, built by unemployed weavers to form a riverside walkway beside the River Eden. Today, the park is best known for the vibrant flower displays, imaginative landscaping and maze. There is much to enjoy including a statue of Queen Victoria, a children's play area (including FunSplash water park), tennis courts and an Eden benchmark sculpture close to the river. Toilets are located close to Bitts Park tennis courts.

Bitts Park has received a Green Flag Award for reaching high standards in maintenance and sustainability since 2005.

Depending on
your level of
fitness it will take:



Under 27 mins
(2 miles per hour)



Under 18 mins
(3 miles per hour)



Under 14 mins
(4 miles per hour)

Calories used

Women: 104 kcal

Men: 124 kcal

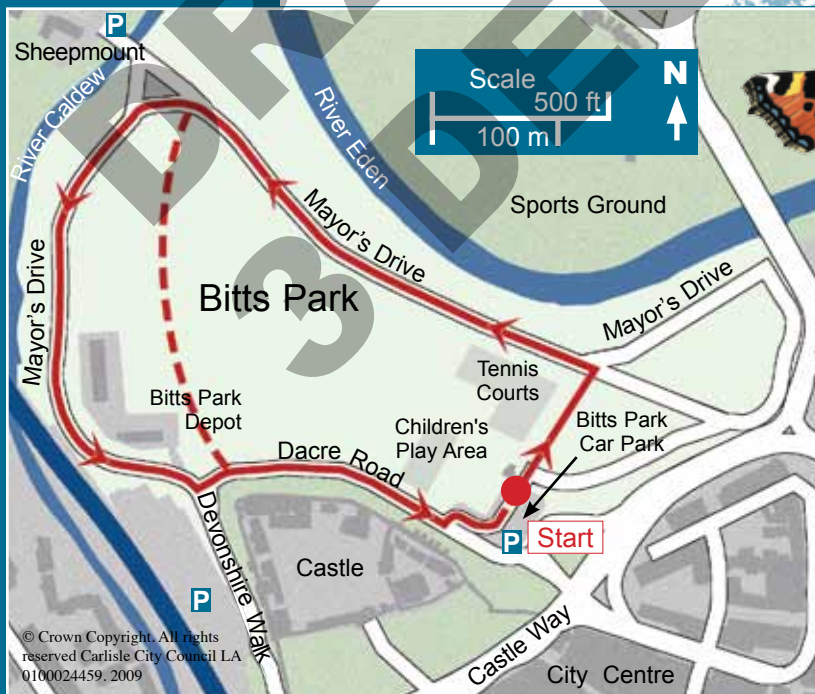
Route description

Enter the park and walk straight ahead, with the tennis courts on your left.

At the junction, turn left onto a tree lined path (Mayor's Drive). Walk along to the yellow gated barrier, then turn left (be aware of traffic on road) Follow the route on the road around the edge of the park.

On reaching Bitts Park Depot and the skatepark, turn left at the junction and continue carefully along Dacre Road (Castle on right) for a short walk back to the start point.

Alternatively, enter the park at the yellow barrier and cross the park (towards the castle) to follow the metal fence line back to the start.



Small
tortoiseshell