

## Process for reporting safeguarding concerns in Cumbria

### Concerned about a child or young person's safety and welfare?

Contact Cumbria **Children's Services:**

Barrow-in-Furness	01229 407 894
Carlisle	01228 227002
Kendal	01539 713377
Penrith	01768 812242
Whitehaven	01946 506352
Workington	01900 706325
Out of hours	01228 526690

### Cumbria Police:

0845 3300247 or 999 in an emergency

NB: Always record the actions you take and keep a safe copy.

### Concerned about a person working with children and young people?

Refer to:

- **Club/Organisation Welfare Officer** *and/or*
- **Local Authority Designated Officer** (LADO) on 01900 706453 or 07792 976486 *and*
- **NGB Welfare Officer**  
A list of officers can be found at [www.nspcc.org.uk/inform/applications/search/default.asp](http://www.nspcc.org.uk/inform/applications/search/default.asp)

## Useful websites

[www.activecumbria.org](http://www.activecumbria.org)

[www.cumbrialscb.com](http://www.cumbrialscb.com)

[www.thecpsu.org.uk](http://www.thecpsu.org.uk)

[www.nspcc.org.uk](http://www.nspcc.org.uk)

