

Be part of it!



The Sport & Physical Activity Partnership

A guide for coaches and leaders



Help keep sport safe in Cumbria!

Safeguarding and protecting children in sport

Help Keep Sport Safe in Cumbria!

Sport helps children grow and develop, and can provide opportunities for enjoyment and achievement. Through sport children can develop valuable qualities such as leadership, confidence and self-esteem. Every child and young person has the right to have fun, be safe and free from harm whether training for a local team, playing for a local club or representing their sport and country at international level.

It is essential that sports coaches and leaders adopt good practice when dealing with children and ensure that their safety is paramount. This will ensure that children can enjoy sport within a safe and secure environment where they feel protected and empowered to make the most suitable choices. Providing children with positive sporting experiences means that they will be more likely to achieve their true potential.

This leaflet is designed to support sports coaches/leaders by providing information and guidance on the implementation of good sports practice.

It is the responsibility of everyone to ensure that sports activities are safe and FUN!!!

Further information supporting this leaflet can be found on the NSPCC Child Protection in Sport Unit's website at www.thecpsu.org.uk or by contacting Active Cumbria.

Photography & videoing

Photography

All photography and videoing needs to comply with a club/organisation's child protection policy.

There is evidence that certain individuals are known to visit sporting events/activities to take inappropriate photographs or video footage of sports people (including young and disabled participants) in vulnerable positions. All coaches should be vigilant about this possibility. Any concerns during an event should be reported to a designated child protection/welfare officer or other responsible person.

Videoing as a coaching aid

Video can be a legitimate coaching aid for club coaches and teachers. However, if it is used make sure that children and their parents/carers consent and understand that it is part of the coaching programme. Make sure that the films are then stored safely.



Qualifications & training

(Guidance and Minimum Operating Standards vary from sport to sport. Coaches/leaders must follow all guidelines laid down by the Sports Governing Body).

Do you have the appropriate, up to date qualifications?

All coaches/leaders must hold an up to date nationally recognised governing body coaching qualification/s which is appropriate to the level and sport being coached. In general an assistant coach must hold a Level 1 qualification and should coach under the supervision of a more experience and qualified coach. A Level 2 qualification is required to coach on your own.

Do you have the appropriate, up to date training?

All coaches/leaders must have attended recognised safeguarding and protecting children in sport training. Training should be recognised by the appropriate National Governing Body, Sports Coach UK or Local Safeguarding Children's Board. If working within schools coaches/leaders must have attended education awareness training.

Do you have valid insurance cover?

All Coaches/leaders must have appropriate and up to date insurance cover.

Are you working within identified Minimum Operating Standards (MOS)?

All coaches/leaders should ensure that they are aware of, and work within, any MOS relating to their coaching role. These may vary depending on the activity/setting.



Who can I contact if I have any concerns?

All sports organisations should have a designated child protection or welfare officer, and they are the first point of contact if you have any concerns. You can also contact the relevant national governing body of sport child protection officer, details of which can be found at www.nspcc.org.uk/inform/applications/search/default.asp

If your concern is regarding someone working with young people, you may also contact the Cumbria Local Authority Designated Officer (LADO), details can be found at www.cumbrialscb.com/pagesall.aspx?id=623

If you are concerned that a child may be being abused you should contact Cumbria Children's Services, there are offices based within each locality in Cumbria, and full details of these can be found at www.cumbrialscb.com/pagesall.aspx?id=457

Useful contacts

NSPCC

www.nspcc.org.uk

email: help@nspcc.org.uk

Safeguarding and Protecting Children helpline: 0808 800 5000

Child Protection in Sport Unit

www.thecpsu.org.uk

email: cpsu@nspcc.org.uk

Telephone number: 0116 234 7278

Childline

Telephone number: 0800 1111

For more information on sport within Cumbria please contact Active Cumbria

www.activecumbria.org

Telephone number: 01228 226885 (main reception) or

Richard Johnston 01228 221255 / 07973 811204



Active Cumbria

Children's Services | Cumbria County Council

5 Portland Square | Carlisle | CA1 1PU

t: 01228 226885 | f: 01228 601256

www.activecumbria.org