



I'M IN Programme

Club and Coach Support

2014-15



Are you a coach? Do you want support from your local Hub Club to help your club become more **inclusive**?
There are two training opportunities on offer to support you:

Disability Gymnastics Coaching Clinics

These informal sessions are delivered absolutely free of charge to clubs signed up to the I'M IN Programme. They are delivered by our Disability Hub Clubs and are designed to support British Gymnastics clubs with knowledge and experience that will help them to deliver great gymnastics activities for disabled people of all impairments.

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Disability Gymnastics Add-on Modules

If you are a Level 1 Coach or above, you can attend a 2 day Add-on Module to support you to deliver high quality gymnastics for disabled people. Clubs signed up to the I'M IN Programme can book Add-on Module places with their Workforce Development Co-ordinator at a subsidised rate of £20 per coach (places subject to availability).

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Disability Gymnastics Coaching Clinics



Where?	When?	Who can attend?	What will be covered?	How can I sign up?
North Hub Club  on our map AAA Sports, Sandhill Centre, Grindon Lane, Sunderland, SR3 4EN	Sunday 16th November 2014 10:00am - 3:00pm	Coaches from I'M IN Clubs are welcome to attend, absolutely free of charge. Coaches and volunteers can be any level, and interested in any gymnastics discipline.	An interactive workshop day designed to help you to improve the sessions you offer to gymnasts with disabilities. This is a great opportunity to learn new skills and share knowledge with other coaches, in both practical and theory sessions. Guest speakers are scheduled to attend throughout the day and lunch will be provided for you.	Contact 03335 776787 or info@AAAsports.co.uk to book your place before the event.
North West Hub Club  on our map Preston City Trampoline Club, Unit 9 Lane Ends Trading Estate, Blackpool Road, Preston, Lancashire, PR2 2DS	Sunday 23rd November 2014 Times to be confirmed	Any coaches from I'M IN Clubs are welcome to attend for free, if they would like to offer or develop their disability gymnastics provision.	This session will include discussion around what to consider when offering trampoline sessions to those with disabilities, what equipment can be used to support participants as well as some 'hands on' experience alongside our disability coaches.	For more information or to register, please contact Fiona on 01772 720941 or by email bounce@pctc.org.uk . The closing date for registration is Friday 14th November 2014.




Disability Gymnastics Coaching Clinics



Where?	When?	Who can attend?	What will be covered?	How can I sign up?
London Hub Club  on our map Richmond Gymnastics Association, Townmead Road, Kew, TW9 4EL	A series of one hour clinics running on: Friday 16th, Friday 23rd, Friday 30th January, and Friday 6th February 2015 All 4:00pm - 5:00pm	Any coaches from I'M IN Clubs are welcome to attend this series of one hour clinics, at no cost. Coaches are welcome to bring your own gymnasts. (Gymnasts with Atlanto Axial Instability must have a medical certificate to say it is safe for them to train)	We will offer some informal training around teaching disabled people Acrobatic Gymnastics & General Gymnastics (including Rhythmic Gymnastics)	To register, please contact Jacqui by email; jacqui@richmondgymnastics.co.uk or you can telephone 07740107241. The closing date for registration is Friday 2nd January 2015
South West Hub Club  on our map Gemini Gymnastics Club, Unit 6 Blaskfriars Rd, West End Trading Estate, Nailsea, BS48 4DJ	2015 Date to be confirmed	Any coaches and volunteers within I'M IN Clubs, are invited to join us for free. Don't be afraid if you have little experience of coaching disabled people – coaches of all levels are welcome!	Details of workshops and support on offer will be released soon...	For more details or to register an interest for the upcoming course, contact Jill Pope on 01275 854872 / 01275 866419 or by email; jnpope@bs48.com

Disability Gymnastics Add-on Modules



Where?	When?	Who can attend?	What will be covered?	How can I sign up?
North West Hub Club  on our map Spartac Gymnastics Club, Edge Hill University, St Helens Rd, Ormskirk, Lancashire, L39 4QP	Sunday 19th October and Sunday 2nd November 2014 9:30am-5:00pm both days			Full details of the course will be available on the BG website www.british-gymnastics.org/findacourse Alternatively, you can contact helen.wallis@british-gymnastics.org with any questions.
West Midlands Hub Club  on our map G-Force Trampoline Club, Winecote School and Leisure Centre, Tinkers Green Road, Tamworth, Staffordshire, B77 5LF	Saturday 8th and Sunday 9th November 2014 9:00am -5:00pm Saturday, and 10:00am - 5:00pm Sunday	Any British Gymnastics coach with the following qualifications or higher, in any gymnastics discipline, can attend: UKCC Level 1 BG Level 1 BG Assistant Coach	This 2 day course will raise awareness, build confidence and assist knowledge of coaching gymnastics to disabled people. It will be generic – suitable for coaches of all disciplines. Coaches must attend both days of the course in order to receive their Add On Module Certificate.	Book your place on the BG Website www.british-gymnastics.org/course/15935/disability-awareness-module before 8th October 2014. If you have any enquiries please contact jae.chambersdowsing@british-gymnastics.org
East Midlands Hub Club  on our map Hinckley Gymnastics Club, New College, Glenfield Road, Leicester, LE3 6DN	Saturday 10th and Sunday 11th January 2015 9:00am - 5:00pm both days	Coaches from I'M IN Clubs will receive a significant discount on the course fee!		Full details of the course will be available on the BG website www.british-gymnastics.org/findacourse Alternatively, please contact alan.price@british-gymnastics.org for more information and to book.



Disability Gymnastics Add-on Modules



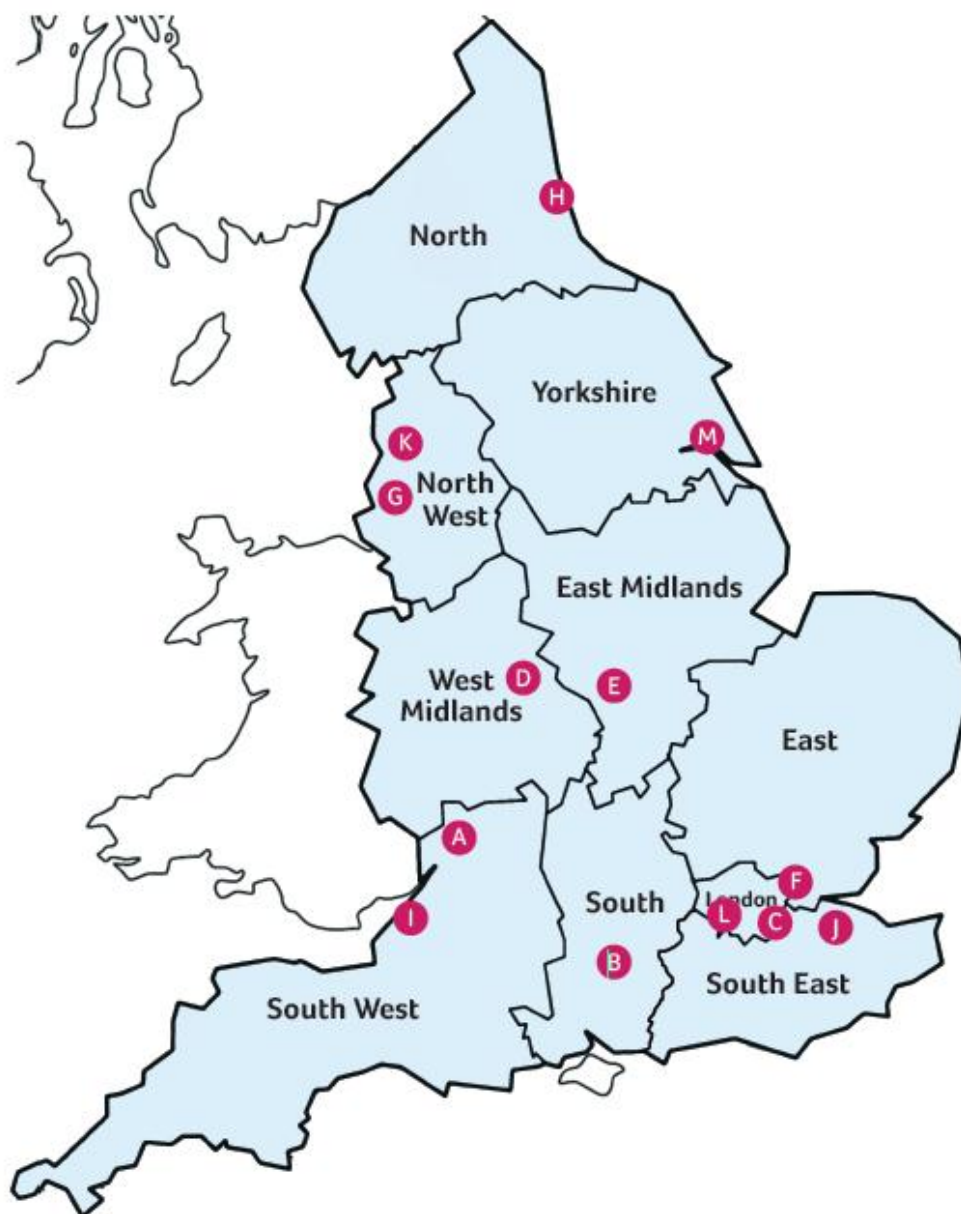
Where?	When?	Who can attend?	What will be covered?	How can I sign up?
North West Hub Club K on our map Preston City Trampoline Club, Unit 9 Lane Ends Trading Estate, Blackpool Road, Preston, Lancashire, PR2 2DS	Sunday 25th January and Sunday 1st February 2015 9:30am - 5:00pm both days	Any British Gymnastics coach with the following qualifications or higher, in any gymnastics discipline, can attend: UKCC Level 1 BG Level 1 BG Assistant Coach	This 2 day course will raise awareness, build confidence and assist knowledge of coaching gymnastics to disabled people. It will be generic – suitable for coaches of all disciplines. Coaches must attend both days of the course in order to receive their Add On Module Certificate.	Full details of the course will be available on the BG website www.british-gymnastics.org/findacourse Alternatively, contact helen.wallis@british-gymnastics.org with any questions.
London Hub Club L on our map Richmond Gymnastics Association, Townmead Road, Kew, TW9 4EL	Saturday 14th and Sunday 15th February 2015 Times to be confirmed.	Coaches from I'M IN Clubs will receive a significant discount on the course fee!		To register, please contact stephanie.travis@british-gymnastics.org for an application form, and return it by Friday 9th January 2015.
South West Hub Club A on our map Aspire Springers Trampoline Club – venue to be confirmed	Early 2015 Date to be confirmed			To register an interest in this course once organised, or to ask any questions that you may have, please contact shelley.gonsalves@british-gymnastics.org



Disability Gymnastics Add-on Modules

Where?	When?	Who can attend?	What will be covered?	How can I sign up?
South East Hub Club  on our map Gillingham Gymnastics Club, Second Avenue, Chatham, Kent, ME4 5AU	Early 2015 Date to be confirmed	Any British Gymnastics coach with the following qualifications or higher, in any gymnastics discipline, can attend:	This 2 day course will raise awareness, build confidence and assist knowledge of coaching gymnastics to disabled people. It will be generic – suitable for coaches of all disciplines.	To register an interest in this course once organised, or to ask any questions that you may have, please contact charlie.wells@british-gymnastics.org
South West Hub Club  on our map Gemini Gymnastics Club, Unit 6 Blaskfriars Rd, West End Trading Estate, Nailsea, BS48 4DJ	Late 2015 Date to be confirmed	UKCC Level 1 BG Level 1 BG Assistant Coach Coaches from I'M IN Clubs will receive a significant discount on the course fee!	Coaches must attend both days of the course in order to receive their Add On Module Certificate.	To register an interest in this course once organised, or to ask any questions that you may have, please contact shelley.gonsalves@british-gymnastics.org

Where is my local Hub Club?



Disability Hub Clubs appointed

- | | |
|-----------------------------------|---|
| A Aspire Springers TC | H AAAsports |
| B Basingstoke Gym Club | I Gemini Gym Club |
| C Falcon Spartak | J Gillingham Gym Club |
| D G-Force TC | K Preston City TC |
| E Hinckley Gymnastics Club | L Richmond Gymnastics Assoc |
| F Recoil Trampoline Club | M Special Olympics City of Hull GC |
| G Spartac Gym Club | |

