

# Club Essentials

## Equity in Your Coaching

**Cost £25**

This workshop is designed to assist current or future coaches in becoming more aware of issues related to the barriers people face to taking part in sport.

By participating in this workshop coaches will be able to:

- Explain what sports equity means and why it is important
- Identify barriers to participation
- Use appropriate language and terminology
- Identify and challenge inequitable behaviour
- Interpret the legal framework that affects coaching
- Identify how they can become more equitable
- Establish where to go for further information



Venue	Date	Time	Contact person
Allerdale (Workington Cricket Club)	Wed 7 <sup>th</sup> Dec 2011	6.30pm – 9.30pm	Jackie Hayhow T: 01228 226885
Carlisle (The Sheepmount)	Wed 29 <sup>th</sup> Feb 2012	6pm – 9pm	Jackie Hayhow T: 01228 226885

[www.activecumbria.org/courses](http://www.activecumbria.org/courses)



*Upskilling the sports workforce in Cumbria*

