



Club Essentials

cumbriasport.com/courses



Equity in Your Coaching

Cost £10

This workshop is designed to assist current or future coaches in becoming more aware of issues related to the barriers people face to taking part in sport.

By participating in this workshop coaches will be able to:

- Explain what sports equity means and why it is important
- Identify barriers to participation
- Use appropriate language and terminology
- Identify and challenge inequitable behaviour
- Interpret the legal framework that affects coaching
- Identify how they can become more equitable
- Establish where to go for further information

Venue	Date	Time	Contact Person
South Lakes (Kirkbie Kendal School)	Thur 1st Apr 2010	6.30pm - 9.30pm	Jackie Hayhow T: 01228 226885
Copeland (Cleator Moor Celtic FC)	Mon 7th June 2010	6.00pm - 9.00pm	Jackie Hayhow T: 01228 226885
Barrow (Hawcoat Park)	Tues 6th July 2010	5.30pm - 8.30pm	Stuart Meredith T: 01229 844766
Carlisle (Harraby Community Centre)	Wed 4th Aug 2010	6.00pm - 9.00pm	Jackie Hayhow T: 01228 226885
Eden (Appleby Sports Centre)	Tues 26th Oct 2010	6.30pm - 9.30pm	Jackie Hayhow T: 01228 226885
Allerdale (Allerdale House)	Mon 6th Dec 2010	6.00pm - 9.00pm	Jackie Hayhow T: 01228 226885
Carlisle (Harraby Community Centre)	Thur 24th Feb 2011	6.00pm - 9.00pm	Jackie Hayhow T: 01228 226885



Upskilling the Sports Workforce in Cumbria

